

Mentoring Couple Sessions:

YouTube Video for Discussion and Reflection

Guidelines:

1. Go to Mass at least 3 times with the couple.
2. Meeting at someone's house to watch video and answer questions. Begin and end each session with a prayer.
3. Dinner with Father to summarize this program.

Session I –

Part 1- St Augustine Writings on the Sacrament of Marriage (27 minutes)

<https://youtu.be/czZyx7I9Meg>

1. Discuss those challenges mentioned in the video regarding marriage
2. Discuss “*the role of man and husband*” “*the role of woman and wife*”

Part 2 - Bishop Barron on Marriage and Relationship (5 minutes)

<https://youtu.be/N2fcNFHDzAE>

1. What is your transcendent 3rd? Are there more than one in your relationship?

Session II –

Part 1. Earn Trust #2 – The Importance of Forgiveness in Marriage (6)

<https://youtu.be/VQe7I9tTsEs>

1. Mentoring Couple: Discuss from your own experience an issue that was very difficult to forgive and how long it took to heal or move forward from it.
2. Forgiveness and Trust: the two go hand-in-hand. Discuss

Part 2: The Advice that Improved Our Marriage (10 minutes)

<https://youtu.be/69G2-JdlB4g>

1. Was the advice helpful based on your own experience of marriage? Discuss
2. What would be the “top two advices” you would emphasize to couple? Discuss

Part 3: Raising Catholic (Catholic marriage advice) (6 minutes)

<https://youtu.be/0XXm3dWiPN8>

1. “We can't expect our kids to do what we aren't willing to do.” Mentoring Couple: What are your thoughts? Relate your own personal experience on this.
2. The importance of asking for forgiveness. Why is forgiveness so important?

Session III -

Part 1 – Bishop Sheen – Marriage Problems (25 minutes)

<https://youtu.be/KBckoWr2Vs8>

1. Talk about the “dullness” of marriage mentioned in the video.
2. Discuss the problem of love and the role of sacrifice, “*dark night of the body*”
3. Discuss what Bishop Sheen means by: “marriage will be a cross” and how it relates to “your partner, who is a gift from God.”

Part 2 - Bishop Barron on the Sacrament of Marriage (8 minutes)

<https://youtu.be/JDBhaeus3Sg>

1. Why are you getting married in the Church (engaged couple) / why did you get married in the Church (mentoring couple)? Has that that answer changed for you today (mentoring couple)? Explain
2. What does the bishop mean by “*For God’s purposes*” and what are some of these purposes?
3. “*God wants to marry us.*” Discuss what this means and why it’s important to understand this as a Catholic.

